

VISION

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CHAMPION AUTO RACER

LOOKS FOR MORE WINS WITH BETTER VISION



Bill Auberlen

Bill Auberlen, one of international motor racing's biggest names, has started the 2006 season with a much sharper view toward winning checkered flags since undergoing a LASIK procedure at the Maloney Vision Institute. He says his now-perfect

eyesight gives him an edge over fellow drivers.

"The driver who's taking it all in and seeing everything better than the other guy and responding to those inputs is going to do a better job. My improved vision really has elevated my game," said the 35-year-old racing veteran.

Most major magazines in

motor sports have featured Auberlen at one time or another since he turned pro at 17 and was hailed as a young phenom. For an upcoming issue of one magazine, Auberlen is writing an article about his

improved vision. He's titled the article: "The Unfair Advantage."

Mr. Auberlen of Redondo Beach has been racing since he was 5 years old. Until age 17 he raced motorcycles, winning 40 percent of his races. Upon switching to automobile road racing he roared on to the international stage and has enjoyed many years as a top driver at the highest levels of the sport. He has raced every class of car except Formula 1 at every major U.S. track from Daytona to Laguna Seca and at major events throughout Europe, Asia, Central and South America

In his career he has earned 68 victories and 123 podium finishes en route to six sports-car racing championships. Four of those championships came in three fast years, from 2002 to 2004. His career score includes 52 pole positions, 40 with record qualifying laps, and 59 fastest race laps, 45 of them records. He has set 98 series and track records during the past 15 years as a professional racer. For the last nine years he has been the top driver for factory BMW Team PTG.

For a professional race driver to be at his best, he says, he needs all his senses at their peak. Naturally, vision is at the top of the list. But Mr. Auberlen is equally as serious about physical conditioning in general.

"In the off-season, which just ended, I go to the gym twice a day seven days a week. My morning

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ANNUAL EYE EXAMS ENABLE DETECTION OF DOZENS OF VISION, HEALTH PROBLEMS

DR. MALONEY RETURNS TO ABC-TV THIS SEASON

Dr. Robert Maloney is featured on two ABC television programs this year.

He will return to the medical dream team for ABC's "Extreme Makeover," which the network's programming executives are planning to begin airing this spring.

For the first time The Verisyse Implantable Lens will be featured on the show as Dr. Maloney performs the procedure on Micha Snodderly, a young woman from Tennessee.

Additionally, Dr. Maloney is featured in a new series on ABC called "The Ex-Wives Club," in which he is part of a medical team helping divorced men and women regain their confidence following the break-up of their marriages.

"The Ex-Wives Club," whose hosts will include TV and film actresses Marla Maples and Angie Everhart, tentatively is set to begin airing this summer.

In one episode Dr. Maloney improves the vision of a man by performing Wavefront LASIK as part of a mini-makeover in an effort to get his life back together.

Your eyes are your windows to the world. But to your eye doctor they're also windows to your overall health.

"The eyes are one of the body's most amazing organs. They reveal a great deal to an eye doctor who not only can detect early signs of cataract and macular degeneration but symptoms of hypertension, diabetes, stroke, high cholesterol and even multiple sclerosis," says Dr. Farid Eghbali, associate doctor at the Maloney Vision Institute.

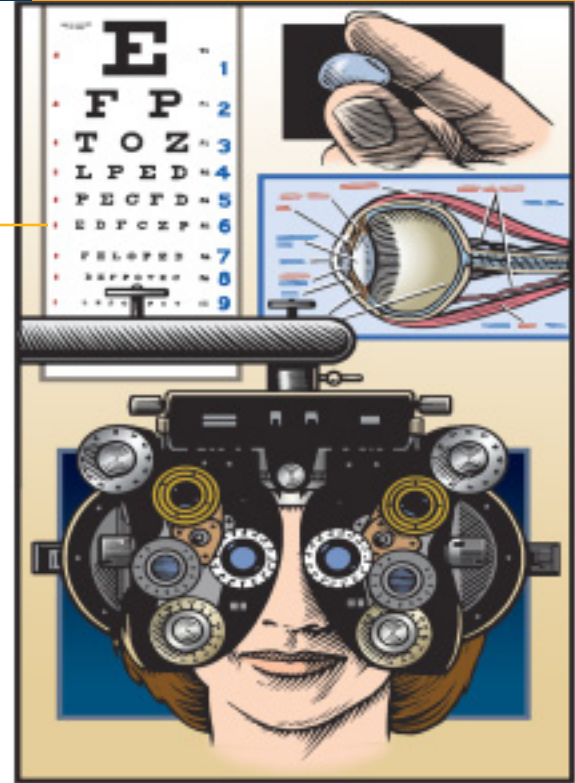
Even if your vision is excellent or you've had vision correction surgery such as LASIK, a comprehensive eye exam once a year is recommended strongly, especially for adults, for early detection of both eye diseases and other health problems, Dr. Eghbali said.

What is a comprehensive eye exam and what can it reveal?

To begin with, said Dr. Eghbali, "The doctor will thoroughly review your family and personal health history. Your eyes will be tested to determine how clearly you see. Your eye pressure and field of vision will be tested to diagnose glaucoma. After your eyes have been dilated, we will be able to look inside your eyes for signs of a wide range of health problems."

For example, he said, approximately 16 million Americans are diagnosed with diabetes mellitus. Additionally, nearly 5 million are unaware they have diabetes which goes undiagnosed.

Vision loss leading to blindness occurs in as many as 24,000 diabetic patients every year. Visual impairment does not develop until the disease has advanced into its later stages. At this point, vision lost cannot be restored. People with diabetes are 25 times more likely to become blind than are



people without diabetes. However, early signs of diabetic eye disease can be readily seen with an annual dilated pupil eye examination.

Not only is diabetic eye disease easily detected through an annual dilated eye examination but, when discovered in time, severe vision loss or blindness can be prevented. Diabetes also increases the risk of glaucoma, which has no warning signs, by 300 percent. Having regular eye examinations and being aware of the risk is among the best preventive measures you can take, Dr. Eghbali said.

If you need a recommendation of a general eye doctor in your area please visit our website at www.maloneyvision.com for the list of our affiliated doctors or call us at 310-208-3937 and ask for Chris Pauley.

AUTO RACER BILL AUBERLEN

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workouts are with a trainer. I train in the afternoon and on Sundays on my own.

"I'm trying to get in peak physical condition because the heat in these cars is unbelievable. Wearing a helmet and fire suit the temperature reaches about 165 to 170 degrees. If you're not in top shape it will wear you out in a second. We can water-cool the suit with a cooling system. But a lot of times we don't because of the extra weight in the car," he said.

This year auto racing changed its rules. Previously, cars and drivers were weighed together and weight was added to make cars and drivers equal – much like horse racing. This year drivers are weighed separately, giving drivers who weigh less an advantage.

Mr. Auberlen is 5-feet, 10-inches tall. Last year he weighed 175.

"This year I'm just touching 162. If I can get an 18 to 20 pound advantage, I'll take it," he said.

The little things all add up for the serious driver, he said.

"It all depends on how committed you are to your craft. This is what I've done since I was 5 years old. I would do anything in order to be better prepared physically to do a better job. One of the things I put on my list was to see Dr. Maloney to fix my eyes because I had faith in him. He has helped other people I know and I saw the results."

"I had the LASIK procedure done in November. There was no pain, no fear and it never felt

strange. And let me tell you I am the kind of guy, if my leg's falling off and somebody's going to pull out a needle, I'm over it. I'll let the leg fall off. But that was the easiest thing I've ever gone through," he said.

"Just imagine. When I went in to see Dr. Maloney my vision was 20/25. As I said, I was looking for the unfair advantage. He improved my vision to 20/15. Now I can see anything, anywhere, anytime. It's so much easier to do your job when you're not concentrating on what you can't see."



GET THE FACTS ON LASIK



If you or someone you know is considering LASIK, you should send for the updated edition of this valuable book, "LASIK: A Guide to Laser Vision Correction," written by three of the medical profession's most respected eye surgeons.

Best of all, you can obtain it at no charge by calling 877-EYESIGHT or through www.maloneyvision.com.

The book contains 117 pages of easy-to-understand text, color photos, charts, graphs and a glossary of vision correction terms.

Published by Addicus Books, the edition covers the human eye and how it works, a comprehensive explanation on laser vision correction and what you should know before, during and after the procedure.

VISION

'FOCUS ON INDEPENDENCE'

PROGRAM AIDING QUADRIPLEGICS ADDS DOCTORS IN NINE MORE U.S. CITIES

Focus on Independence, a nationwide program co-founded in 2005 by the Maloney Vision Institute that provides quadriplegics with vision correction surgery at no charge, recently has added eye doctors in nine more cities. The number of physicians that are now participating in the effort totals 24.

Dr. Robert Maloney said the reason he started the program with Dr. Daniel Durrie is because quadriplegics have a greater need for vision correction surgery than anyone. Their lives are difficult enough without needing assistance to put on their eye glasses in the morning. There's also the constant struggle of keeping eye glasses in place, a simple and unthinking motion for an able-bodied person.

"This program has really taken hold in the ophthalmology community. We now have physicians in every region of the United States," said Ryan Delaney, who coordinates the effort at the Maloney Vision Institute.

"We've just added nine doctors in Boston, Sacramento, Minneapolis, Rochester, N.Y., Salt Lake City, Green Bay, Wis., Kansas City, Mo., Eugene, Or., and Atlanta," he said.

The last issue of "Vision" featured Tisa Casas, an academic counselor at El Camino College. While a graduate student at U.C. Berkeley in 1985, Ms. Casas was severely injured in a car accident, leaving her paralyzed. She was the first person to be treated under the program at the Maloney Vision Institute.

Recently, Courtney Hendrichs, who was paralyzed in a 2002 skiing accident, underwent vision correction surgery through the program.

If anyone knows of a quadriplegic person anywhere in the U.S. who could benefit from vision correction surgery, they are urged to contact the Maloney Vision Institute for more information or visit www.maloneyvision.com/quad.

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